Job Description & Person Specification



Job Title	Care and Support Worker
Responsible to	Lifestyles Community Services Manager
Responsible for	N/a
Department/Location	Lifestyles Community Services, Coach House, Herne
Date/ Version	March 2022
Purpose of job	To provide physical and social support to individuals so that they
	can achieve an appropriate level of independence, wellbeing and
	choice in line with their aspirations and abilities.
Key Responsibilities	 To ensure the personal and emotional care requirements are met in line with the personal choices they express and according to their Care Plans. To work as directed by the service user to ensure that all
	personal hygiene needs are met by helping them to wash, dress/undress and use the toilet.
	To work as directed by the service user to ensure all their nutritional choices are met by preparing meals and drinks.
	 To assist service users with moving safely in their everyday life including helping them out of their bed/wheelchair.
	To enable service users to reach their full potential, by promoting their independence and physical, social and spiritual welfare.
	6. To encourage their independence and life skills through a structured programme of independence training.
	7. To promote confidence and self esteem and to be aware of their limitations.
	8. To take responsibility for direction of their own personal care.
	 To support the service user in maintaining a social network with family, friends and within the community.
	10. To support the service users in learning the skills that they require to live their lives independently and safely.
	11. To ensure that all their desires and needs are considered in order to maximise their opportunities/possibilities.
	12. To set up and run sessions providing appropriate support to individual learning plans so that students obtain maximum benefits from all social events and activities.
	13. To support the service users in maintaining their family and social network.
	14. To monitor their wellbeing and report any change in condition.
	15. To fully participate in all supervision and assessment to ensure personal and professional development takes place to the highest standard.
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	The shave list is not exhaustive and the next holder will be
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	within the scope and grading of the post. Job descriptions are
	regularly reviewed to ensure they are an accurate representation
	of the post.
Expectations	Ensure all responsibilities and activities are consistent with
	the terms and spirit of SPF's policies.
	2. Ensure the views and needs of our service users inform
	and guide your work wherever possible.3. Adhere to relevant legal and statutory requirements
	including the Data Protection Act (ensuring appropriate
	level of confidentiality at all times), Health and Safety at
	Work Act (ensuring the Health and Safety of own and
	others at all times) and any other relevant law/legislation.
	4. Develop positive relationships with colleagues and other
	key stakeholders.
	Keep abreast of internal and external developments and respond accordingly
	6. Attend and contribute to team, departmental and other
	relevant internal meetings, such as training, supervision
	and appraisal so that at all times this post, either directly
	or indirectly, provides the highest standard of care to
	people who use our services.
	7. Attend and contribute to staff training and any other
	training identified as appropriate for the role.
	9 Contribute to making SDE an environmentally friendly
	8. Contribute to making SPF an environmentally friendly workplace.
Person Specification	Contribute to making SPF an environmentally friendly workplace.
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