

# Platters Farm Lodge

**Strode Park Foundation - Caring since 1946**

Registered Charity No. 227794



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Foundation**

Caring since 1946

**Highfield Road, Rainham, Gillingham, Kent, ME8 0EQ**

Platters Farm Lodge is a purpose-built residential care home offering high quality respite, rehabilitation, dementia care service and long stay beds.

**For more information, to discuss your requirements or to make a referral please call Becky Richards on 01634 377579 or email [becky.richards@strodepark.org.uk](mailto:becky.richards@strodepark.org.uk)**

## About Platters Farm

The centre was opened in 1986 and is set in spacious landscaped gardens, situated within travelling distance from Rainham railway station and the High Street. The accommodation is all on ground floor level with disabled access throughout. It offers a mix of rehabilitation beds, respite beds, dementia respite and long stay beds.

## Facilities

There are two activity hubs, an arts and craft room, TV lounge plus a communal dining area.

## What the guests say



I have really enjoyed it here - it's been just like a holiday camp - I've had a laugh and been entertained. No complaints whatsoever. I've been treated really well and thoroughly enjoyed it here.

I was apprehensive at first but the staff have been really helpful, understanding and always have time to listen. The food has been tremendous. I'm thinking about breaking my other hip so that I can come back! (Joke).

I have been more than happy with my stay at Platters Farm.



# Your stay

## What shall I bring?

- All medications that you are taking, in their original boxes
- Any dressings, spare catheters and bags/continence pads
- Comfortable day clothes, nightwear and dressing gown
- Supportive, low-heeled shoes suitable for exercising, such as trainers and/or
- Well fitting slippers
- Toiletries and wash things (including shaving equipment)
- Glasses and hearing aids as needed, with spare batteries
- Your usual walking aid, stick or frame

## Laundry

Clothes can be laundered. To avoid loss of clothing please label clothing clearly. Platters Farm cannot be held responsible for loss of unmarked clothing. If you prefer, laundry can be taken home for washing by relatives.

## Valuables/cash

Service users are advised not to keep large sums of money in their rooms, as the Centre cannot take responsibility for valuables kept by clients. There is a safe, which can be used for small items. All transactions are receipted

## Visiting times

1.30pm – 5pm

6pm – 9pm

(Please note: meal times are protected to promote nutrition and hydration for guests)

## Activities and amenities

- Hairdressing – prices displayed on the Hairdresser's door
- Chiropody – a fee is payable
- Monthly church service. Assistance is also given for service users of other faiths to fulfil their religious obligations
- Daily chair based exercise classes
- Daily activities programme of crafts, quizzes, games and bingo. Weekly film shows
- Access to local medical services, dentists and opticians

## Meal times

Breakfast 7.30am – 9.30am

Lunch 12.30pm – 13.30pm

Tea 5pm – 5.30pm

Supper 7pm – 9pm

Platters Farm has an extensive and varied menu catering for all dietary needs. Alternatives to daily menu are always available

